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Start your review of Ask Your Guides: Connecting to Your Divine Support System. Write a review. Oct 01, 2010 Devika Koppikar rated it it was amazing. An enlightening book that reminds you that you are not alone in this world, or beyond. There are spiritual guides to help you. Having grown up as a Hindu, the spiritual guides reminded me of Hindu ...

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is a powerful, yet easy to use online course that will connect you directly to your Spirit Guide! We're all spiritual beings with a spiritual support system on the other side that oversees and helps guide our lives from the moment we're born to the moment we leave our physical bodies and return to Spirit.

Ask Your Guides - Sonia Choquette

Connecting with your spirit guides requires you to notice and trust the intuitive guidance when you receive it. In writing things down it gives you a black and white record of what is so often intangible. 11. Sweet dreams. Sleep is a wonderful way to connect with your spirit guides. Before you go to bed ask your guides to come to you as you sleep.

11 Simple Ways To Connect With Your Spirit Guides by ...

This fascinating and inspirational work by Sonia Choquette provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy you're entitled to. ©2007 Dr. Wayne W. Dyer and Byron Katie (P)2007 Hay House, Inc. More from the same

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"Ask Your Guides" is a book about just that: Asking your guides. Choquette goes into depth about the plethora of guides that are always around us and available to help, if only we ask. Each guide has a different purpose that can help up through trying times. Examples of the guides include Spirit Guides, Runners, Teacher Guides, Helper Guides ...

We're all spiritual beings with a spiritual support system on the Other Side that oversees and helps guide our lives from the moment we're born to the moment we leave our physical bodies and return to Spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our life's...

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Ask Your Guides is a 52-card psychic-intuitive oracle card deck (with accompanying guidebook) based on the traditional minor arcana of the tarot. The deck is designed to not only guide you, the seeker, through present and upcoming life events and challenges, but will also connect you directly with specific spirit guides and Divine helpers who are there to help you navigate through these transitions and challenges successfully.

A step-by-step guide to the art of channeling for those who wish to connect with a spirit guide. By using this safe, simple, and effective process, thousands have achieved mastery with their higher selves. (Channeling)

Losing our connection with Spirit may be the biggest problem we suffer from today. We want to face our challenges and disappointment with grace; be creative and inspired; feel excited by a purpose; and live fearlessly through an intuitive, guiding wisdom. We want to love and feel loved, and realize genuine peace . . . but as much as we desire a significant spiritual breakthrough and long to know our Divine selves, we're still not making the commitment that will ensure our success. We want the gifts, but we're not engaging in the practical work necessary to obtain them, so we remain stuck and more frustrated than ever. We know a lot about the power of Spirit, yet we aren't actually experiencing it. And we cannot do so through intellectual pursuits alone. In fact, we can only experience it through a deep, intentional daily practice of connecting with Spirit. When you truly make this connection, you'll realize that it's the most authentic, lasting power you have in your life. In this enlightening book, spiritual teacher Sonia Choquette will show you that even though you can't control the outside world, with the power of your Spirit, you can create a sense of purpose within that brings about profound contentment and personal peace—no matter what is going on around you.

Discover the different types of spirit guides, how to communicate and work with them and how they can help you in every facet of life. Connect with your personal team of spirit guides, and draw on their ancient wisdom and healing to overcome challenges, unlock success and achieve your dreams. The Seven Types of Spirit Guide is the first-ever exploration of the cosmic helpers who have communicated with everyday people across cultures and throughout human history. Spirit guides take many forms, and in this book spirit guide medium Yamile Yemoonyah will introduce you to each of the seven types: angels, ancestors, nature spirits, star beings, animal spirits, ascended masters and deities. Each has specific characteristics, gifts and challenges, and you'll learn the unique reasons your spirit guides are here to support you on your personal path. Featuring an extensive quiz to help you discover which types of spirit guide, or guides, you have, and practical advice on identifying and communicating with them, this refreshing and inclusive companion will help you to further your spiritual development, manifest your dreams and live your purpose.

In this fascinating book, spiritual teacher Sonia Choquette reveals the secrets you need to awaken your intuitive voice and ... trust your vibes. If you're ready to step into a Divine, more energetically uplifting experience and live an easier more satisfying life, you'll learn how to do so within these pages...

This book covers the topic of spirit guides: what they are, how to safely communicate with them, and everything else you need to know about them. Everyone has at least one spirit guide with them throughout their life. This guide aims to steer a person in the right direction, make the correct decisions throughout their life, and to help them achieve their goals and desires. Learning to safely communicate

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with your spirit guide makes it much easier to ask them for guidance, to understand and interpret their advice, and to live a more fulfilled life. This book aims to fully educate you on these spirit guides and provide you with step by step strategies for safely and effectively establishing communication with your own guides! Here Is A Preview Of What You'll Learn About Inside: What Are Spirit Guides The Different Types Of Spirit Guides How To Contact Your Spirit Guides How To Stay Safe When Communicating With Spirit Guides What Spirit Guides Can Help You With Why You Should Communicate With Your Spirit Guides How To Achieve Success With The Help Of Spirit Guides Much, Much More!

Join New York Times best-selling author and internationally renowned teacher and intuitive guide Sonia Choquette as she reveals a simple four-step plan for achieving lifelong inner transformation. In this revised and expanded edition of her book *The Power of Your Spirit*—and distilled from more than 35 years of helping others get in touch with their true selves and discover their souls' purpose—Sonia provides profound yet accessible wisdom to those seeking to transcend the strictures of an ego-driven existence and experience the joy and fulfillment of an intuitively guided, Spirit-driven life. Illuminated with even more engaging and powerful stories of personal transformation from her life and practice than in the original version, this invaluable book instructs seekers at all stages of their spiritual journeys how to directly tune in to their intuition. Sonia also provides additional practical exercises and rituals—including breathing techniques, visualizations, journaling questions, and a step-by-step guide to setting up and using a personal altar—to help us place our intuition at the helm of our spiritual quests and in the heart of our daily lives. Whether you're just beginning to tap into your intuition or are already living in the flow, *Tune In* offers a wealth of inspiration that will enable you to engage more deeply with your inner Spirit, your authentic Self, and live a more rewarding, fearless, and compassionate life.

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